

Summary of the Main Changes Incorporated in the 2024 NORMO Questionnaire

Overall, the 2024 NORMO Questionnaires for children and adults incorporate significant changes compared to the 2014 versions, aimed at enhancing applicability by optimizing question structures and reducing response time. This has further been done by removing unnecessary questions, improving data quality with more pertinent questions and control filters, and enhancing inclusivity by incorporating more country-specific examples. Notably, the optimized questionnaire is aimed to put a stronger emphasis on sustainability.

More specifically, new questions have been added focusing on sustainable behaviors e.g., assessing the consumption of milk products and specific types of red meat (beef, veal, lamb) that have a higher GHG footprint; and assessing sustainable physical activity related to walking and cycling for transportation.

Further, several questions and response options have been re-worded for clarity and brevity, providing more country-specific examples, and ensuring smoother flow, accuracy, and easier comprehension, e.g.:

- Several urbanization/household questions have been removed to shorten response time.
- Questions related to fat in cooking and on bread: Simplified wording, country-specific examples are given for most types of fats, and more response options have been added, such as “Low-fat butter”, “Coconut oil”, “Do not eat bread”.
- Fruit/Vegetable & Meat Intake: Simplified question structure, with separate questions added for pulses and all meat intake to align with Nordic Nutrition Recommendations 2023.
- Screen Time: Updated to reflect technological progress, merging TV and computer screen time into one question.
- Education: Updated to highest completed education based on ISCED classification, focusing on relevant examples of educational groups.
- Questions regarding weight and height have been moved to the end of the questionnaire, as it might be considered as sensitive information.
- Partner’s Education (children questionnaire): A new question is included to assess the highest completed education of the spouse/cohabitant for weight construction.
- Frequency and Quantity (adult questionnaire): A new question has been added to assess weekly alcohol consumption, reflecting standard drinks and their volumes.
- Comprehensive Coverage (adult questionnaire): Questions on e-cigarettes and nicotine pouches have been added with adjustments to wording for clarity, as well as the addition of an option for non-response.

Lastly, filter control questions have been introduced and added in several questions to capture extreme responses and validate data accuracy.

Revision of the NORMO questionnaire 2024

The revision of the questionnaire is based on the 2014 version and implements the new survey questions and revision and omission of existing questions which has been decided in the NORMO group for the 2024 version.

The structure of the 2024 questionnaire is as follows:

Adults:

- Background information (Q0, Q1 and Q15), including sex, age, education.
- Eating habits (Q2-Q6)
- Alcohol (Q7)
- Physical activity and screentime (Q8-Q11)
- Smoking (Q12)
 - Snuff and nicotine pouches (Q13)
 - E-cigarettes (Q14)
- Self-reported height and weight (Q16 and Q17)

Children:

- Background information (Q0-Q1x1 and Q12-Q14), including sex, age (child and parent/guardian), education (parent and partner)
- Eating habits (Q2-Q6)
- Physical activity and screentime (Q7-Q9)
- Self-reported height and weight on the child (Q10 and Q11)

Table 1. The table outlines changes from 2014 to the current version performed for the adult questionnaire.

Section	2014	2024	Comments
Adults			
<i>Background information</i>	(Q0-Q5)	(Q0, Q1 and Q15)	
	Q0. Registration of the sex of the interviewed person (Male or Female)	Q0. Please register the sex of the interviewed person (Male, Female, or Other)	“Other” has been added as an option regarding sex.
	Q1. What is your date of birth? (Month, Year)	Q1. What is your birthdate? (Day, Month, Year)	“Day” has been added.
	Q2. What is your education?	Q15. What is your highest completed education?	Education has been updated inspired by ISCED classification in terms of the wording and 7 relevant educational

			groups (minus kindergarten and post-secondary non tertiary education) and the duration of the education.
	Q3. Which description explains best where you live?	This question is not included in 2024	“Urbanization” has been omitted to shorten response time since it’s not viewed as a significant sociodemographic variable.
	Q4. Do you live together with anyone?	This question is not included in 2024 <u>for adults</u>	“Urbanization” has been omitted to shorten response time since it’s not viewed as a significant sociodemographic variable.
	Q5. How many people live in your household including yourself?	This question is not included in 2024	“Urbanization” has been omitted to shorten response time since it’s not viewed as a significant sociodemographic variable.”
<i>Self-reported height and weight</i>	(Q6-Q7)	(Q16-Q17)	
	Q6. How tall are you?	Q16. How tall are you without shoes?	The question contains possible sensitive info and has therefore been moved to the end of the questionnaire. Text included to describe that the measurement is done without shoes in line with PEN screeners’ recommendation.
	Q7. How much do you weigh?	Q17. How much do you weigh without clothes and shoes?	The question contains possible sensitive info and has therefore been moved to the end of the questionnaire. Text included to describe that the measurement is done without clothes and shoes in line with the PEN screeners’ recommendation.

<i>Eating habits</i>	(Q8-Q11)	(Q2-Q6)	
	<p>The following questions regard what you usually eat. Please keep the last 12 months in mind when you respond to the questions. You have to keep in mind what you eat most often</p> <p>Q8. What type of spread/grease do you usually put on your bread? If you use more than one kind, respond to what you use the most</p>	<p>The following questions concern what you usually eat. Please think of the last 12 months and what you eat most often, when you answer the questions.</p> <p>Q2. What type of fat do you most often spread on your bread?</p>	<p>Different question formulation as well as of the text inserted before the question.</p> <p>Country specific examples are given for most types of fats.</p> <p>More response options have been added: "Low-fat butter", "Low-fat oil-butter spreads", "Coconut oil", "Do not eat bread".</p> <p>Some responses have been changed: "Vegetable margarine 60-80%" and "Margarine 70-80%" have been changed to "Table margarine, including vegan spread" and "Frying or baking margarine".</p> <p>Fat percentages have been added to more of the response options.</p> <p>"Fat (pig or duck, coco)" has been changed to "Fat, e.g. pig, duck, beef, or lard".</p> <p>"Do not use spread/grease/fat on bread" has been changed to "Do not use fat/spread on bread".</p>
	<p>Q9. What type of fat, e.g. butter, margarine, or oil, do you usually use for domestic</p>	<p>Q3. What type of fat, e.g., butter, margarine, or oil, do you and your family most often use for domestic cooking?</p>	<p>Differences in question formulation.</p> <p>Country specific examples are given for most types of fats.</p>

	<p>cooking? If you use more than one kind, respond regarding to what you use most</p>		<p>More response options have been added: "Coconut oil", "Regularly use either butter or oil".</p> <p>Fat percentages have been added to more of the response options.</p> <p>"Vegetable margarine 60-80% fat" and "Fluid margarine" and "Oil (e.g. rapeseed oil, olive oil, corn oil...)" and "Use a mixture of oil and butter/Kærgården" have been changed to "Table margarine, including vegan spread" and "Liquid margarine" and "Oil, e.g. rapeseed oil, olive oil, or salad oil" and "Use both butter and oil at the same time".</p> <p>"Fat (pig, duck)" has been changed to "Fat, e.g. pig, duck, beef, or lard".</p> <p>"Do not use spread/grease/fat for cooking" has been changed to "Do not use fat in cooking".</p>
	<p>Q10. How many slices of bread do you eat per day or per week? Answer according to slice/piece/½ roll. Grain bread also includes wholemeal bread, full grain bread and might carry the wholegrain label. Rolls are</p>	<p>Q4. Next, I will ask how much of different types of bread you eat. Specify your answer in number of slices or ½-bread rolls.</p>	<p>Simplification of the question formulation.</p> <p>Answers should be specified in slices or ½-bread rolls, instead of in slices/pieces/½ rolls.</p>

	also considered bread.		
	<p>Q10.1 Rye Bread (Not to be asked in Sweden). How many slices of rye bread do you eat?</p> <p>Q10.2 White Bread or Wholegrain (not rye bread). How many slices of whole grain bread, with grain do you eat?</p> <p>Q10.3 How many slices of white bread, toastbread, ciabatta, do you eat?</p> <p>Q10.4 How many slices of hard bread do you eat?</p> <p><input type="checkbox"/> Never eat <input type="checkbox"/> Do not know</p>	<p>Q4.1 White and whole grain bread. How many slices of white bread, e.g. toast bread and ciabatta do you eat per day or per week?</p> <p>Q4.1 control: If slices of white bread > 15 per day (105 slices per week): "Is it correct that the number of slices you have indicated for white bread exceeds 15 slices per day?"</p> <p>Q4.2 How many slices of <u>wholegrain</u> bread (insert country specific term), do you eat <u>per day or per week</u>? (NOT rye bread and hard bread)</p> <p>Q4.2 control: If slices of wholegrain bread > 15 per day (105 slices per week): "Is it correct that the number of slices you have indicated for wholegrain bread exceeds 15 slices per day?"</p> <p>Q4.3 Rye Bread. How many slices of <u>rye</u> bread (include country specific definition if needed) do you eat <u>per day or per week</u>?</p> <p>Q4.3 control: If slices of rye bread > 15 per day (105 slices per week): "Is it correct that the number of slices you have indicated for rye bread exceeds 15 slices per day?"</p> <p>Q4.4 Hard bread/ crisp bread. How many pieces of <u>hard</u> bread do you eat <u>per day or per week</u>?</p> <p>Q4.4 control: If pieces of hard bread > 15 per day (105 pieces per week): "Is it correct that the number of pieces you have</p>	<p>Different order and formulation of questions concerning bread.</p> <p>All questions should be asked in all countries. However, Sweden has only included "ryebread" as a country-specific example of wholegrain bread and NOT as a separate question.</p> <p>The question is divided into ryebread, hard bread, and white bread or wholegrain. Definitions from the different Nordic countries of the different types of bread are included.</p> <p>"Never eat" has been changed to "Eat less than 1 slice per week".</p> <p>Filter control questions have been inserted after every bread question to capture extreme responses and increase data quality. High frequency data on bread consumption from NORMO 2011 and 2014 have been utilized to formulate filter control questions.</p>

		<p>indicated for hard bread exceeds 15 slices per day?"</p> <p>Validation of Q4.1-Q4.4: If total number of slices > 25 per day (175 slices per week): "Is it correct that the total number of slices you have indicated for bread exceeds 25 slices per day?"</p> <p><input type="checkbox"/> Eat less than 1 slice per week.</p> <p><input type="checkbox"/> Don't know.</p>	
	<p>Q11. How often do you eat fruit and vegetables during a day, a week or a month. If you do not eat fruit and vegetables every day, please think about how often you eat it in a week or in a month. Think about the last 12 months when you respond.</p> <p>Do not count small portions, eg. a slice of cucumber on bread, parsley as decoration, berries on cake etc.</p>	<p>Q5. Next, I will ask about your intake of fruits and vegetables. Think about your average intake in a day, week, or month. Do not count potatoes and small portions such as a slice of cucumber.</p>	<p>Simplification of question structure.</p>
	<p>Q11.1 How often do you eat vegetables, pulses and/or root fruits (includes fresh, frozen, canned, glass/potted etc) DO NOT COUNT</p>	<p>Q5.1 How often do you eat vegetables, root vegetables, chickpeas, lentils, beans, etc.? This includes fresh, frozen, and canned or jarred versions, eaten alone or in a dish.</p>	<p>Simplification of question structure.</p> <p>Response option "None" has been changed to "Never eat it".</p>

	<p>POTATOES. It is vegetables such as carrots, tomatoes, cucumber, broccoli, peppers, salad, beans, chick peas, lentils, beetroot, celery and parsnip. Try also to include dishes that have vegetables in them, such as mixed salad, mixed vegetables, fried vegetables, vegetable soup and stews.</p>		
	<p>Q11.2 How often do you eat fruit and berries (includes fresh, frozen, canned, glassed/potted etc.). Fruit and berries include: an apple, an orange, a banana, a bunch of grapes, a plate of strawberries or fruit and berries that are part of porridge, fruit stew, or fruit salad etc.</p>	<p>Q5.3 How often do you eat fruits and berries? Include fresh, frozen, and canned or jarred fruits and berries, eaten alone or in a dish.</p>	<p>Simplification of question structure.</p> <p>Response option "None" has been changed to "Never eat it".</p>
	<p>This question does not exist in 2014 version.</p>	<p>Q5.2. In the next question, I am <u>only</u> interested in your intake of chickpeas, lentils, beans, etc. Include also dishes, e.g., hummus and chili con carne.</p> <p>How often do you eat</p>	<p>Pulses were a part of question 11.1 in 2014, where the total intake of vegetables, pulses and root fruits were asked. This question is kept in the current questionnaire, however, a specific</p>

		chickpeas, lentils, beans, or hummus?	question on pulses is introduced. Pulses are a significant food group in the Nordic Nutrition Recommendations 2023.
	<p>Q12. Now I will ask you how (often) you eat and drink a selection of food. Please consider the past 12 months when you answer these questions.</p> <p>Q12.2 Fish and shellfish as main course</p> <p>Q12.3 Sausage as a main course</p> <p>Q12.5 Cake, biscuits, tart etc.</p> <p>Q12.6 Full fat cheese (45- 60+ or 24-44% fat)</p> <p>Q12.7 Low fat/sugar-free fizzy drinks, cordial, ice-tea, light or sugar free drinks</p> <p>Q12.8 Normal fizzy drinks, cordial, ice-tea</p> <p>Q12.9 Energy drinks, red bull, cult etc.</p> <p>Q12.10 Fruit juice or</p>	<p>Q6. Now I will ask how often you eat and drink a number of foods and beverages.</p> <p>Q6.2 Fish and shellfish at lunch and dinner. Include fish on bread.</p> <p>Q6.5 Sausages at lunch and dinner</p> <p>Q6.7 Cake, biscuits, pie, etc.</p> <p>Q6.8 Cheese e.g. (include country specific examples) (NOT low-fat cheese)</p> <p>Q6.10 Light or sugar-free sodas, cordial, ice-tea (NOT energy drinks)</p> <p>Q6.11 Sugary sodas, cordial, ice-tea (NOT energy drinks)</p> <p>Q6.12 Energy drinks e.g. (include country specific examples)</p> <p>Q6.13 Juice</p>	<p>Response option “None” has been changed to “Never eat/drink it”.</p> <p>Simplification of question structure, and differences in response options, e.g. “...as main course” has been changed to “...at lunch and dinner” (fish and shellfish and sausages). Two response categories have been omitted for fish and sausages (3 times/day; 4 or more times/day) due to the revisions made.</p> <p>Low fat omitted, and Light included in the current version</p> <p>Country-specific examples have been added in some response options.</p>

	Vegetable Juice		
	This question does not exist in 2014 version.	Q6.03 <u>All types</u> of meat, e.g. beef, veal, pork, chicken, venison or lamb at lunch and dinner. It could be minced meat, sausages, or steak. Include cold cuts of meat	Total intake of meat is decided to be included in 2024 and moved below fish etc. Meat is a significant food group in the Nordic Nutrition Recommendations 2023.
	This question does not exist in 2014 version.	Q6.04 In the next question, I am <u>only</u> interested in your intake of beef, veal, and lamb. How often do you eat... Beef, veal, or lamb at lunch and dinner e.g., minced meat, sausages, or steak. Include cold cuts of meat	A distinct question regarding the consumption of specific types of meat (beef, veal, lamb) has been included. These are considered significant in the Nordic Nutrition Recommendations 2023 due to their substantial greenhouse gas (GHG) footprint
	This question does not exist in 2014 version.	Q6.09. Milk and milk products e.g. (Insert 3 country specific examples). Include milk in coffee or tea (NOT plant-based alternatives)	Milk and milk products are included as they are considered significant in the Nordic Nutrition Recommendations 2023 due to their substantial greenhouse gas (GHG) footprint
<i>Physical activity and screentime</i>	(Q13-Q16)	(Q8-Q11)	
	Q13a. Do you work, attend school or university?	This question is not included in 2024	Physical activity during work has been omitted to shorten response time since it's not viewed as a significant domain to assess.
	Q13b. Which one of the following descriptions best fits your occupation, or school hours?	This question is not included in 2024	

	<p>Q14. (Moderate or harder activity).</p> <p>I am going to ask you about your physical activity during the last 7 days. Your information is important even if you have not been physically active.</p> <p>Next, I am going to ask you about all physical activity during your leisure time and active transportation <i>e.g. commuting to and from work or school. include PA while running errands.</i> Include all activity where the physical effort is moderate or harder, that is, you should include both moderate and vigorous activity. This kind of activity accelerates heart rate and breathing. Examples are brisk walking, running and heavy gardening.</p>	<p>The following questions concern physical activity in your <u>leisure time</u> and when you walk or cycle to and from work, educational institution, leisure time activities etc. Your information is important even if you have not been physically active.</p> <p>Q8. (Moderate or harder physical activity in leisure time).</p> <p>During the <u>last 7 days</u>, how much time <u>in total</u> did you spend on physical activity in your <u>leisure time</u> and on walking and cycling, during which the physical effort was <u>moderate or harder</u>?</p> <p>This type of activity increases heart rate and breathing and includes brisk walking, running and heavy gardening (examples may be country specific).</p> <p>Filter: If hours + minutes = 0 or "Don't know" go to Q10.</p> <p>Q8 control: If time > 35 hours, ask: "Is it correct that the time you have indicated on moderate or harder physical activity exceeds 35 hours in the last 7 days?".</p>	<p>Q14 and Q15: Simplification of question structure.</p> <p>10 minutes bouts have been omitted, since they are no longer part of the WHO 2020 guidelines on physical activity and sedentary behaviour for adults and children.</p> <p>Filter control questions with thresholds have been inserted to all questions on physical activity and screentime to capture extreme or illogical responses and increase data quality.</p>
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	<p><i>Additional examples are Nordic walking, bicycling, and golf; these examples can be country specific.</i></p> <p>Q14. During the last 7 days, how much time in total did you spend in physical activity where the physical effort was moderate or harder and lasted for at least 10 min each time? Estimate to the nearest half an hour</p>		
	<p>Q15. (Vigorous activity).</p> <p>Next, I am going to ask you how much of the physical activity you indicated in the last question was vigorous. This kind of activity causes substantial increase in heart rate and sweating, as well as rapid breathing that makes it difficult to talk. Examples are running or playing soccer <i>Additional examples are</i></p>	<p>Q9. (Vigorous activity in leisure time). How much of the time you indicated in the last question was <u>vigorous physical activity</u>?</p> <p>This type of activity substantially increases your heart rate, makes you sweat and makes you so out of breath that it is difficult to speak, e.g. running or playing soccer.</p> <p>Q9 control: If time > 21 hours, ask “Is it correct that the time you have indicated for vigorous physical activity exceeds 21 hours in the last 7 days?”</p> <p>Q8 + Q9 control: If time in Q8 = time in Q9, ask: “Is it correct that all the time you have indicated for moderate or</p>	

	<p><i>fast bicycling, badminton or tennis, and cross-country skiing; these examples can be country specific.</i></p> <p>During the last 7 days, how much time in total did you spend during leisure time in vigorous physical activity that lasted for at least 10 min each time? Estimate to the nearest half hour.</p>	<p>harder physical activity, is vigorous physical activity?"</p> <p>Validation of Q8 and Q9: If time in Q9 > time in Q8 inform: "The time you have indicated for vigorous physical activity exceeds the time you have reported on moderate or harder physical activity. Therefore, we will go back to the question about moderate or harder physical activity again."</p>	
	<p>This question does not exist in 2014 version.</p>	<p>[Question 10 for adults and Question 8 for children (Walking and cycling as transportation)]</p> <p>Q10.1 (Q8.1 for children) During the <u>last 7 days</u>, on how many days did you (your child) <u>walk or cycle</u> for at least 10 minutes continuously to get to and from places? Include electric cycling.</p>	<p>Q10 (adults) and Q8 (children): The new question on walking and cycling as transport has been added to assess sustainable physical activity and is inspired by the PEN Screeners and WHO STEPS Instrument¹. 10 minutes bouts have been included to capture only longer walks and bike rides that are easier to memorise. Last 7 days have been utilized as a recall frame to align with the other questions on physical activity and sedentary behaviour.</p>
	<p>This question does not exist in 2014 version.</p>	<p>Q10.2 (Q8.2 for children) On the days when you (your child) walked or cycled to and from places, how much time did you (your child) spend on</p>	

¹ O:\Public\NORMO2024\PEN screeners and WHO STEP questionnaire

		average per day? Q10/Q8 control: If time > 28 hours, ask: “Is it correct that the time you have indicated for walking or cycling (your child walked or cycled) exceeds 28 hours in the last 7 days?”	
	There is no introductory text in the 2014 version.	[Question 11 for adults and Question 9 for children (Sedentary leisure time)] Q11. (Q9 for children) The next question concerns your (your child’s) sedentary <u>leisure time</u> in front of a <u>screen</u> .	An introductory text has been inserted prior to the questions regarding sedentary leisure screen time.
	Q16a. During the last 7 days, how much time per day on average did you spend sitting and watching TV during your leisure time? Estimate it to the nearest half hour. Include videos, DVD and console games (PlayStation, Xbox, etc) played on TV screen	Q11. (Q9. for children) During the <u>last 7 days</u> , how much time did you (your child) spend on average <u>per day</u> sitting in front of a <u>screen in your (his/her) leisure time</u> ? Include all screen time such as internet use, films, and TV programs streamed over the internet that are watched on e.g. a TV or mobile phone screen, and computer or console games, such as (add country specific examples). Q11/Q9 control: If time > 18 hours, ask: “Is it correct the time you have indicated (your child is) sitting in front of a screen in your (his/her) leisure time exceeds 18 hours per day?”	Due to technological progress since 2014, questions 16a and 16b (14a and 14b for children) have been merged into one question and updated. The phrase “...include homework” has been omitted to accentuate the screen time that one has control over.
	Q16b. During the last 7 days, how much time per day on average did you spend in front of a computer screen during your leisure-time? Estimate to the nearest half an	Q11. (Q9 for children) During the <u>last 7 days</u> , how much time did you (your child) spend on average <u>per day</u> sitting in front of a <u>screen in your (his/her) leisure time</u> ? Include all screen time such as internet use, films, and TV programs streamed over the internet that are watched on e.g. a TV or mobile phone screen, and computer or	

	hour. Include videogames, mobile phone games and internet use, and TV programs watched on a computer screen; include homework	console games, such as (add country specific examples).	
	Q17. (Classification of leisure-time physical activity). Choose one of the following descriptions that best fits your leisure time activity during the last 7 days.	This question is not included in 2024	This question has been omitted to allow the inclusion of other relevant question such as walking and cycling as transport.
<i>Alcohol</i>	(Q18-Q18a)	(Q7-Q7.6)	
	Q18. Now I will ask you how often you drink a selection of beverages. Please consider the past 12 months when you answer these questions.	The following questions concern your intake of alcohol in the <u>last 12 months</u> . Q7.1 How often do you drink...	Simplification of introductory text and question structure.
	This question does not exist in 2014 version.	Q7. Do you drink alcohol?	If the interviewee does not drink alcohol, the questions on alcohol are skipped.
	Q18a. During the previous month, how many times have you had five or more units of alcohol	Q7.6 During the <u>last month</u> , how many times have you had five or more standard drinks on a single occasion? <input type="checkbox"/> Number of times... <input type="checkbox"/> Don't know	A few changes were made to the wording of the question, e.g., "units of alcohol" has been changed to "standard drinks". "Don't know" has been

	<p>at a single occasion?</p> <p>☒ Number of times...</p> <p>A unit of alcohol could be:</p> <ul style="list-style-type: none"> - 1 beer = 1 unit - 1 alcopop = 1 unit - 1 glass of wine = 1 unit - 1 bottle of wine = 6 unit - 1 shot of liquor or spirit = 1 unit 		added as a response option.
	<p>This question does not exist in 2014 version.</p>	<p>Q7.5 During <u>the last 7 days</u>, how many standard drinks did you have <u>each day</u>?</p> <ul style="list-style-type: none"> - Include beer, wine and spirits <p>1 standard drink =</p> <ul style="list-style-type: none"> 1 beer (33 cl.) 1 cider 4-6% alcohol (33 cl.) 1 glass of wine (12 cl.) 1 glass of liqueur wine e.g. port (8 cl.) 1 alcopop (25 cl.) 1 shot of spirit (4 cl.) <p>6 standard drinks = 1 bottle of wine (75 cl.)</p>	<p>To assess the weekly consumption of alcoholic drinks, a new question has been added. The question is retrieved from WHO: "During each of the past 7 days, how many standard drinks did you have each day?"²</p> <p>Centilitres have been added to depict the volume of a standard drink.</p> <p>More examples of one standard drink are given + an example of what 6 standard drinks correspond to.</p>
<p><i>Smoking Snuff and nicotine pouches E-cigarettes</i></p>	<p>(Q19-Q20b)</p>	<p>(Q12-Q14)</p>	
	<p>There is no introduction text here in the 2014 version.</p>	<p>The next questions concern use of tobacco, snuff, nicotine pouches and e-cigarettes.</p>	<p>An introductory text has been added prior to the questions on tobacco etc.</p>

² [WHO/NMH/CCS/03](http://www.who.int/nmh/ccs/03)

	<p>This question does not exist in 2014 version.</p>	<p>Q12. Do you <u>currently</u> use tobacco, snuff, nicotine pouches or e-cigarettes or have you used it <u>in the past</u>?</p>	<p>Questions on snuff, nicotine pouches or e-cigarettes have been added.</p> <p>If the respondent answers «No» to this question, all questions on tobacco, snuff, nicotine pouches and e-cigarettes are skipped.</p>
	<p>Q19. Do you <u>currently</u> smoke tobacco on a daily basis, less than daily or not at all?</p> <p><input type="checkbox"/> Daily <input type="checkbox"/> Less than daily <input type="checkbox"/> Not at all <input type="checkbox"/> Don't know</p>	<p>Q12.1 Do you <u>currently</u> smoke tobacco daily, less than daily or not at all?</p> <p><input checked="" type="checkbox"/> Daily <input checked="" type="checkbox"/> Less than daily <input checked="" type="checkbox"/> Not at all <input checked="" type="checkbox"/> Do not wish to answer</p>	<p>“...on a daily basis” has been simplified to “...daily”.</p> <p>The response option “Don't know” has been changed to “Do not wish to answer”.</p>
	<p>Q19a. Have you smoked tobacco <u>daily</u> in the past?</p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Don't know</p>	<p>Q12.2 Have you smoked tobacco <u>daily</u> in the past?</p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No <input checked="" type="checkbox"/> Do not wish to answer</p>	<p>See Q19.</p>
	<p>Q19b. In the <u>past</u>, have you smoked tobacco on a daily basis, less than daily or not at all?</p> <p><input type="checkbox"/> Daily <input type="checkbox"/> Less than daily <input type="checkbox"/> Not at all <input type="checkbox"/> Don't know</p>	<p>Q12.3 In the <u>past</u>, have you smoked tobacco daily, less than daily or not at all?</p> <p><input checked="" type="checkbox"/> Daily <input checked="" type="checkbox"/> Less than daily <input checked="" type="checkbox"/> Not at all <input checked="" type="checkbox"/> Do not wish to answer</p>	<p>See Q19.</p>
	<p>Q20. Do you <u>currently</u> use snuff on a daily basis, less than</p>	<p>Q13. Do you <u>currently</u> use snuff/nicotine pouches daily, less than daily or not at all?</p>	<p>Nicotine pouches have been added to the question, as well as two additional questions on</p>

	<p>daily or not at all?</p> <p>(not relevant for Denmark)</p> <p>Q20a. Have you used snuff daily in the past?</p> <p>(not relevant for Denmark)</p> <p>Q20b. In the <u>past</u>, have you used snuff on a daily basis, less than daily or not at all?</p> <p>(not relevant for Denmark)</p>	<p>Q13.1 Have you used snuff or nicotine pouches <u>daily</u> in the past?</p> <p>Q13.2 In the <u>past</u>, have you used snuff or nicotine pouches daily, less than daily or not at all?</p>	<p>snuff/nicotine pouches that are now also relevant for Denmark to include.</p>
	<p>These questions do not exist in 2014 version.</p>	<p>Q14. Do you <u>currently</u> use E-cigarettes with or without nicotine daily, less than daily or not at all?</p> <p>Q14.1 Have you used e-cigarettes <u>daily</u> in the past?</p> <p>Q14.2 In the <u>past</u>, have you used e-cigarettes daily, less than daily or not at all?</p>	<p>Questions on E-cigarettes have been added.</p>

Table 2. The changes for children correspond to the changes performed for adults. Below are the changes that are specific for children.

Section	2014	2024	Comments
Children			
<i>Background information including sex, age (child and parent/guardian), and relationship to child</i>	(Q0-Q5)	(Q0-Q1.2)	
	Q1C. What is your child's sex? (Boy, Girl)	Q1x1 What is your child's sex? (Boy, Girl, Other)	"Other" has been added as a response option regarding sex.
	Q1C open. What is the child's pet name?	This question is not included in 2024 in consideration of GDPR regulations	

<i>Physical activity and screentime</i>	(Q13-Q15)	(Q7-Q9)	
	Q15. Choose one of the following descriptions that best fits your child's leisure time activity during the last 7 days	This question is not included in 2024	This question has been omitted to allow the inclusion of other relevant question such as walking and cycling as transport
<i>Background information continued (education for parent and partner)</i>			
	Q4. Do you live together with anyone?	Q13. Do you live together with a spouse/cohabitant?	To construct weights based on the educational level of the partner/cohabitant, this question was originally planned to be used as a filter on whether the participant lives with a partner (shared household) or lives alone. But subsequently, it was decided not to use the question for weighting to construct the weights the same way as in 2014. It was also decided not to specify "roommates" as another way of cohabiting to ensure comparability to the 2014 questionnaire.
	This question does not exist in 2014 version.	Q14. What is the highest completed education of your spouse/cohabitant?	